

A note from the Principal's desk:

As we wrap up the first semester and prepare to begin the second, we find ourselves in a good position to reflect. How has this semester been? What items were completed well and what items left room for improvement? Self-reflection is a key component of a growth-mindset and a growth-mindset has been identified as one of the top traits that successful individuals possess. Reflecting upon our past successes helps us to recognize what we've done well. Taking an objective look at ourselves and where we've fallen short also allows us to identify some of the mistakes we've made and how we can avoid them in the future. Identifying strengths and weaknesses through reflection are great ways to take the reigns on how we develop and grow.

So often we hear phrases like, "I'm trying to find myself" or "I am trying to discover who I am." These phrases are meant to reference the reflection that is so critical to growth, but they introduce a misconception. You don't need to *discover* who you are - *you get to decide who you are.* When you reflect this season write down things that you did that you feel proud of. Maybe you helped someone in need or gave encouragement at just the right time. Maybe you worked hard in the gym and achieved a new personal best. The things that make you feel proud are unique to all of us because they relate to our values - which are also unique to all of us. This is why "discovering" who you are is less important than identifying your values and then making choices that ensure that you embody them.




I hope you consider this as we prepare for our winter break and the new year. The new year brings a natural starting point which is why so many people make New Year's Resolutions. This year, let's make one of our resolutions about identifying who we want to be and then make intentional growth in that direction.

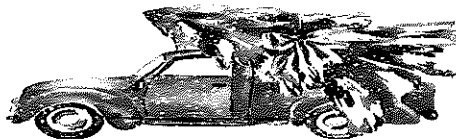
- Mr. Taylor



# December

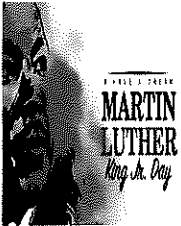

# 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 BB 7/8B(H) MS Schuyler 6:00 BB 7/8G(H) HS Schuyler 6:00	2 BB 8@ Hannibal 10:00 All State Band Auditions Columbia CCC Choir Practice Monroe City
3	4 BB V(H) Knox Co 6:00  BB JV @ Davis Co. 6:00	5 BB V (H) Kirksville 6:00 BB 7/8 G @ Kirksville 6:00 BB 7/8B (H) Kirksville 6:00	6 BB JV @ Knox CO 6:00 CCC Choir Tour Fruit arrives	7 BB JV (H) Schuyler 6:00 BB V @ Canton 6:00 BB 7(H) Hannibal 6:00	8	9 BB MS @ Schuyler Tourney
10	11 BB MS @ Schuyler Tourney BB 9/JV B (H) K'sville 6:00 Career Fair	12 FFA Christmas Party 5:30	13 BB JV/V B(H) W. Hancock 6:00  BB MS @ Schuyler Tourney	14 MS Band Choir Holiday Concert 7:00	15 BB JV/V B @ Illini West 6:00	16
17 HS Band/ Choir Holiday Concert 3:00	18 BB JV/V (H) Illini West 6:00 SR @ SCC testing	19 BB V @ Holy Trinity 6:00	20	21 <b>END 1st SEM/2nd QTR Early out— 1:00</b>	22 NO SCHOOL— CHRIST- MAS BREAK 12/22/23 - 1/3/24	23 
24	25	26	27	28	29	30 12/30— 1/6 BB V @ Highland Tourney
31 						



# JANUARY

# 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BBV12/30— 1/6 @ High- land Tourney BB JV 1/2— 1/6 @ Mon- roe City Tourney	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL— PD	4 SCHOOL RESUMES	5 GRADES TO STUDENTS	6
7	8 BB JV @ Highland 6:00	9 FFA mtg 6:30	10 FFA Greenhand Conf @ K'sville	11 BB JV @ K'sville 6:00	12 BB V @ Monroe City 6:00	13 MS Dist Band @ Moberly
14 1/15— 1/20 BB V @ Palmyra Tourney	15 NO SCHOOL 	16 BB 9 @ Hannibal 6:00	17 BB JV @ Putnam 6:00 FFA State Degree Screening	18 BB JV(H) S. Shelby 6:00	19	20 BB JV @ Monroe City 10:00 am
21	22 BB JV (H) Putnam Co 6:00	23 BB V (H) Ft. Madison 6:00	24 FFA State Degree Selec- tion  MMEA ALL	25 BB JV/ VG @ Unity of Mendon 6:00  STATE	26  CONVEN- TION	27 BB JV @ Van Buren 2:00 BB V @ Van Buren 5:00
28	29 BB JVB (H) QND 6:00	30 BB V(H) Palmyra 6:00	31			

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04 <b>Breakfast Entree</b> Pancakes Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Grains</b> Toast w. Margarine and Jelly	05 <b>Breakfast Entree</b> French Toast Casserole Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Grains</b> Muffin Square	06 <b>Breakfast Entree</b> Scrambled Eggs Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Grains</b> Cinnamon Toast	07 <b>Breakfast Entree</b> Breakfast Nachos Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Misc.</b> Mozzarella Cheese Stick	08 <b>Breakfast Entree</b> Biscuits & Pepper Gravy Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Grains</b> Toast w. Margarine and Jelly <b>Misc.</b> Sausage Patty
11 <b>Breakfast Entree</b> Egg, Bacon, and Cheese Bagel Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Grains</b> Cinnamon Toast	12 <b>Breakfast Entree</b> Pumpkin Pie French Toast Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Misc.</b> Yogurt	13 <b>Breakfast Entree</b> Sausage Pancake on a Stick Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Grains</b> Toast w. Margarine and Jelly	14 <b>Breakfast Entree</b> Pancake Bites Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Grains</b> Muffin Square	15 <b>Breakfast Entree</b> Egg and Cheese Biscuit Assorted Cereal <b>Fruit</b> Chilled Fruit 100% Orange Juice <b>Grains</b> Cinnamon Toast
18 <b>Breakfast Entree</b> French Toast Sticks Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Grains</b> Toast w. Margarine and Jelly	19 <b>Breakfast Entree</b> Egg and Cheese Breakfast Sandwich Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Grains</b> Muffin Square	20 <b>Breakfast Entree</b> Scrambled Eggs Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Grains</b> Cinnamon Toast	21 <b>Breakfast Entree</b> Gingerbread Cinnamon Roll Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Misc.</b> Colby Jack Cheese Stick	22 <b>Breakfast Entree</b> Biscuits & Pepper Gravy Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Grains</b> Toast w. Margarine and Jelly <b>Misc.</b> Sausage Patty
25 <b>Breakfast Entree</b> Sausage Breakfast Pizza Assorted Cereal <b>Fruit</b> 100% Fruit Punch Juice Chilled Fruit <b>Grains</b> Cinnamon Toast	26 <b>Breakfast Entree</b> Cinnamon Roll Assorted Cereal <b>Fruit</b> 100% Orange Juice Chilled Fruit <b>Misc.</b> Yogurt	27 <b>Breakfast Entree</b> Western Egg 'N' Bacon Sandwich Assorted Cereal <b>Fruit</b> Chilled Fruit 100% Orange Juice <b>Grains</b> Toast w. Margarine and Jelly	28 <b>Breakfast Entree</b> Pancake Sausage Griddle Assorted Cereal <b>Fruit</b> Chilled Fruit 100% Orange Juice <b>Grains</b> Muffin Square	29 <b>Breakfast Entree</b> Chicken Biscuit Assorted Cereal <b>Fruit</b> Chilled Fruit 100% Orange Juice <b>Grains</b> Cinnamon Toast

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- **fax:** (833) 256-1665 or (202) 690-7442; or
- **email:** [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.

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04	05	06	07	08
<b>Lunch Entree</b> Meatball Sub Pig in a Blanket Caesar Salad <b>Vegetables</b> Fresh Garden Salad Steamed Broccoli <b>Fruit</b> Chilled Fruit Fresh Fruit <b>Grains</b> Garlic Biscuit	<b>Lunch Entree</b> Grilled Ham & Cheese Sandwich Italian Sub BLTE Salad <b>Vegetables</b> Fresh Garden Salad Refried Beans <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Italian Bread	<b>Lunch Entree</b> Chicken Patty Meatloaf Cobb Salad <b>Vegetables</b> Mashed Potatoes Green Beans <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Hot Roll	<b>Lunch Entree</b> Chicken Rotini Pasta Peanut Butter and Jelly Sandwich Italian Chef Salad <b>Vegetables</b> Fresh Garden Salad Celery Sticks <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Italian Bread <b>Misc.</b> Mozzarella Cheese Stick	<b>Lunch Entree</b> Bacon Chicken Ranch Pizza Corn Dog Big Mack Salad <b>Vegetables</b> Fresh Garden Salad Glazed Carrots <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Fruit Muffin
11	12	13	14	15
<b>Lunch Entree</b> Beef and Broccoli w. Rice Honey Bacon Glazed Tender Sandwich Big Mack Salad <b>Vegetables</b> Fresh Garden Salad Corn <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Biscuit	<b>Lunch Entree</b> Chicken Nachos w. White Queso Philly Cheesesteak Calzone BLTE Salad <b>Vegetables</b> Fresh Garden Salad Texas Pintos <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Cornbread	<b>Lunch Entree</b> Chicken Patty Roast Turkey Caesar Salad <b>Vegetables</b> Mashed Potatoes Glazed Carrots <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Hot Roll	<b>Lunch Entree</b> Cheeseburger Scrambled Eggs w. Pancakes BBQ Pork Salad <b>Vegetables</b> Fresh Garden Salad Tater Tots <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Italian Bread	<b>Lunch Entree</b> Dill Pickle Pizza Parmesan Chicken Sandwich Chef Salad <b>Vegetables</b> Fresh Garden Salad Fresh Broccoli <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Fruit Muffin <b>Desserts</b> Chocolate Chip Cookie
18	19	20	21	22
<b>Lunch Entree</b> Chicken Alfredo Hot Dog Chef Salad <b>Vegetables</b> Fresh Garden Salad French Fries <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Italian Bread	<b>Lunch Entree</b> Pork Enchiladas Cheesy Caesar Sandwich Cobb Salad <b>Vegetables</b> Fresh Garden Salad Texas Pintos <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Garlic Biscuit	<b>Lunch Entree</b> Chicken Patty Glazed Ham W. Roasted Pineapple Caesar Salad <b>Vegetables</b> Mashed Potatoes Corn <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Hot Roll <b>Desserts</b> Gingerbread Cookie	<b>Lunch Entree</b> Cheeseburger BBQ Pork Sandwich Popcorn Chicken Salad <b>Vegetables</b> Cheesy Cauliflower Popcorn Fresh Garden Salad <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Italian Bread	<b>Lunch Entree</b> Buffalo Chicken Pizza Frito Pie Taco Salad <b>Vegetables</b> Fresh Garden Salad Baby Carrots <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Fruit Muffin
25	26	27	28	29
<b>Lunch Entree</b> Chicken and Waffles Jalapeno Popper Grilled Cheese Peanut Butter and Jelly Sandwich <b>Vegetables</b> Fresh Garden Salad Steamed Broccoli <b>Fruit</b> Chilled Fruit Fresh Fruit <b>Misc.</b> Colby Jack Cheese Stick	<b>Lunch Entree</b> Pork Street Tacos Lasagna Soup BLTE Salad <b>Vegetables</b> Fresh Garden Salad Refried Beans <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Cornbread	<b>Lunch Entree</b> Hamburger Steak Chicken Patty Turkey Jack Sandwich <b>Vegetables</b> Mashed Potatoes Green Beans <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Hot Roll	<b>Lunch Entree</b> Stromboli Pinwheel Cheeseburger Cobb Salad <b>Vegetables</b> Fresh Garden Salad Glazed Carrots <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Grains</b> Italian Bread	<b>Lunch Entree</b> Mashed Potato Pizza Cheesy BBQ Beef Sandwich Ham & Cheese Sub <b>Vegetables</b> Fresh Garden Salad French Fries <b>Fruit</b> Fresh Fruit Chilled Fruit <b>Desserts</b> Snickerdoodle

# BARGAIN 64 BREAK

ONE WEEK ONLY

*December 11-15*

**ALL library overdue  
& lost book fines  
will be cut in half.**

QUESTIONS?

Stop by the library or email Mrs. Sprague  
[ksprague@clarkcounty.k12.mo.us](mailto:ksprague@clarkcounty.k12.mo.us)

**DON'T MISS THIS GREAT OPPORTUNITY!**